

# Healthy Communicating - Easy vs Right

“There’s the easy way, and the right way”

What are some examples of “easy” ways to communicate during a conflict?

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What are some examples of “right” ways to communicate during a conflict?

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Choose one of these scenarios (or create your own) and write a short dialog between the participants. Show what “easy” communication looks like and what “right” communication looks like.

Scenario 1: Aliyah sees a post online about a local company doing something unbelievably awful. She is so upset that a company in her community would do this. She needs to say or do something.

Scenario 2: Morris and Grady have been friends for a long time, but Morris hears from a friend, who heard it from his sister’s friend, that Grady was seen being a little too friendly with Morris’ girlfriend.

Scenario 3: Isabella can’t believe her friend posted that pic, in that dress, with the caption “So much better than Isabella.”

Easy

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Right

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