

# Connecting Choices and Consequences

“Doing good feels good.”

For each scenario, identify how the person making the choice probably feels during and after the choice. Do you think the choice was a good one?

Ariana has a paper due tomorrow. She's hanging with friends and stays late. She decides she can write the paper really quickly later.

How does Ariana feel when she's out with her friends?	How does Ariana feel when she shows her parents her grade?	Was it a good choice? Why or Why Not?
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Shawn is having a great time with some buddies, but one of them looks like he really needs to go home. Shawn doesn't want to leave, but he sees his friend home safely.

How does Shawn feel when he has to leave the fun?	How does Shawn feel when his friend thanks him later?	Was it a good choice? Why or Why Not?
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Sam's friend wants him to try this new thing and Sam really doesn't want to. But he doesn't want his friend to be mad either. He chooses to do it and then realizes he just put himself in bad situation.

How does Sam feel when he chooses his friend over his own feelings?	How does Sam feel when he realizes he's in a bad situation?	Was it a good choice? Why or Why Not?
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Olivia started a new job. Her boss gives her a list of tasks to do before closing. Olivia really doesn't want to do them but she stays until each task is done well. Then she takes off for the night.

How does Olivia feel while she does the tasks?	How does Olivia feel when she gets to work the next day and her boss is pleased?	Was it a good choice? Why or Why Not?
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